

Hydrotherapy

Pool Opening Hours

Monday – Thursday 8am – 7pm

Friday – 8am 6pm

Saturday 8am 12pm

Cost

\$10 per visit

\$5 if you're having a physio/pilates session on the same day

- All Events
 - [All Events](#)
 - [Hydrotherapy](#)

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
09.00					Hydrotherapy	
10.00			Hydrotherapy Hydro Classes 10.00 11.00		Hydro Classes 09.30 10.30	
11.00		Hydrotherapy Hydro Classes 11.00 12.00				

Tuesday

- [Hydrotherapy](#)
11.00 - 12.00

Wednesday

- [Hydrotherapy](#)
10.00 - 11.00

Friday

- [Hydrotherapy](#)
09.30 - 10.30

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