

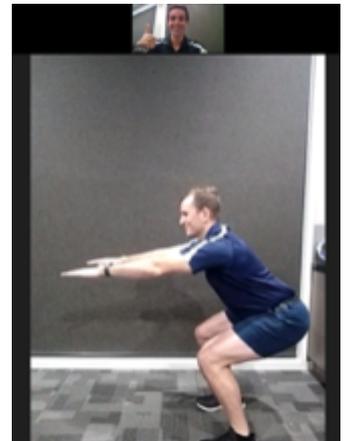
Telehealth

Peninsula Sports Medicine Group

Telehealth Consultation Guide

Peninsula Sports Medicine Group is proud to now be offering Telehealth Physiotherapy consultations and Home Visits with staff from all sites across the Mornington Peninsula.

What is Telehealth?



Telehealth is a virtual consultation which is held over the internet using video conferencing software.

It allows physiotherapists to assess, diagnose and treat your injury or condition without the need for a face to face consultation. The service provided is evidenced based, and outcomes have been shown to be similar compared to face-to-face consultations.

Additionally, it provides you the flexibility to engage with Physiotherapy from the comfort of home. Given current government advice to avoid unnecessary interactions outside of home, our telehealth consultations provide an option compliant with these recommendations.

Australian Physiotherapy Association National President Phil Calvert said, "Physio telehealth has been used in a variety of settings for some time. It is safe, it is effective and it is the right thing to do to reduce infection rates in our communities."

How much does Telehealth consultation cost?

Telehealth consultations will cost \$80 for an initial, and \$60 for a follow up. The application that these consultations will be delivered through (zoom teleconferencing) is free.

Can I claim my Telehealth consultation through private health?

Yes, from the 14th of April private health funds will rebate telehealth services provided by physiotherapists, if you meet certain criteria. These criteria can be found at <https://australian.physio/media/australian-health-funds-announcement-tele-physiotherapy-consultations?fbclid=IwAR14zG-YY5dgFHxG54U-0jSMuMVEcAqX74z2cWznAcJoVslzR2Nzokll23g>

If you are in doubt, please feel free to discuss your eligibility with our reception staff or a physiotherapist.

What about Workcover or TAC?

So far, Workcover is funding telehealth services, however TAC is not. Watch this space for updates in the ever-evolving environment.

What if my physiotherapist can't treat me online?

Physiotherapists are highly skilled in diagnosis of all musculoskeletal injuries. Diagnosis is achieved using tailored questioning about the history of your injury and/or condition, followed by a physical assessment which includes a functional assessment of the injured body part. These physical assessments can take place over video.