

# 2018 Train the Trainers Night

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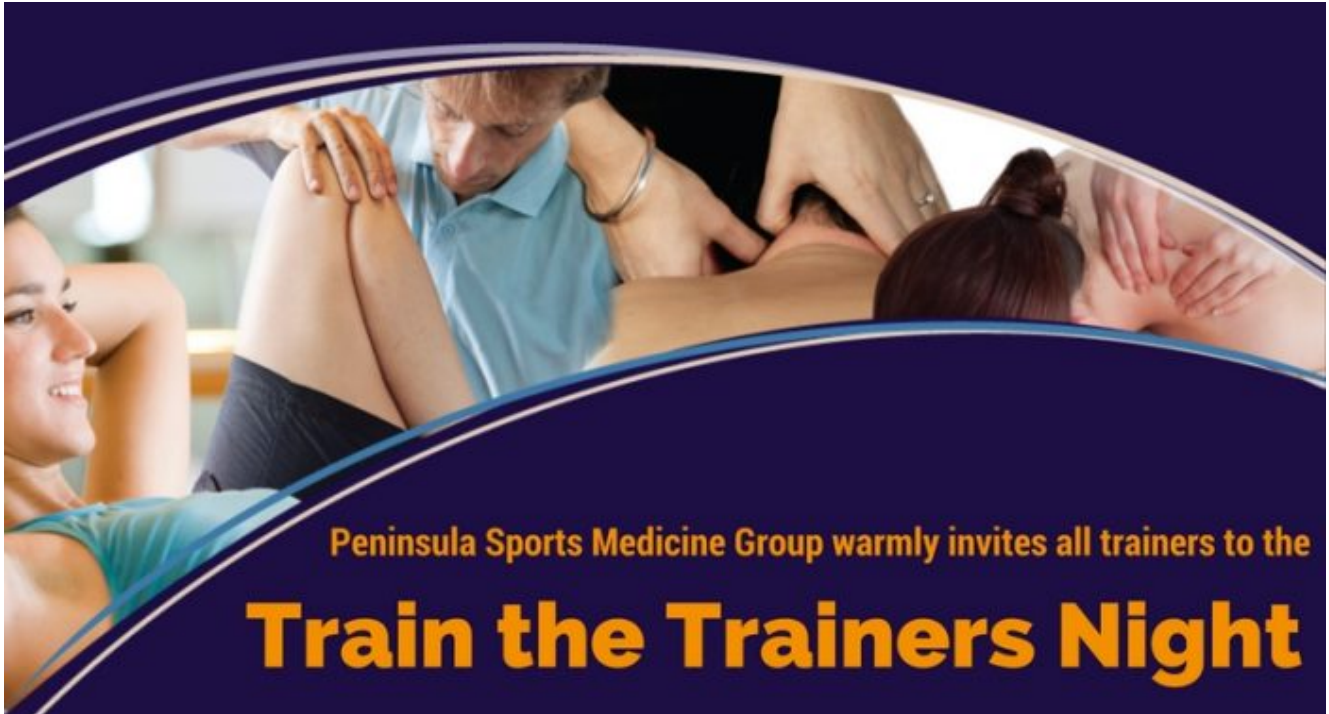
Bookings are now open

23rd April 2018 | 7.15pm | Langwarrin Sports Medicine Centre

RSVP to [kelly.jones@psmgroup.com.au](mailto:kelly.jones@psmgroup.com.au)

*"This Train the Trainer's Night was one of the best Trainers nights I have ever been to"*

*Head Trainer, Dromana Football Club, 2017.*



Peninsula Sports Medicine Group warmly invites all trainers to the

# Train the Trainers Night

## 2018

This highly informative and interactive night will focus on best practice game day injury support across junior and senior football. Local experts including Sports Physicians, Physiotherapists and Podiatrists will deliver a combination of key presentations and break out rooms allowing group discussion of particular scenarios.

Topics covered will include:

- Concussion testing protocols
- Correct taping techniques for knee, shoulder and foot/ankle
- Practical advice on foam roller usage
- Latest information on injury management

**MONDAY 23 APRIL**

**7:15PM - 9:00PM**

**Langwarrin Sports Medicine Centre**

83-85 Cranbourne Road, Langwarrin

RSVP by 20 April to [kelly.jones@psmggroup.com.au](mailto:kelly.jones@psmggroup.com.au)



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